



Author and adventurer

Pip Stewart is an adventurer, author and filmmaker, with a particular interest in wellbeing and outdoor connection. After completing her History and Politics degree at Oxford, Pip worked as a journalist and news anchor in Asia for 5 years, reporting extensively for major networks like BBC, CNN, and The Telegraph, before her first major long-form expedition, a remarkable year-long 10,000-mile biking trek from Kuala Lumpur to the UK, taking in 26 countries along the way.

With a keen commitment to environmental advocacy, Pip later embarked on a 3000-mile Amazon journey documenting the devastating impact of deforestation in the six-part series *Transamazonica* alongside Reza Pakravan. More recently, Pip achieved a world-first with an all-female team, kayaking the full length of the Essequibo River in Guyana, detailed vividly in her debut book *Life Lessons from the Amazon: A Guide to Life from One Epic Jungle Adventure*.

Since becoming a mum to her two young children (both aged under five), Pip's focus has shifted to more homegrown family travels. With a huge passion for nature and the great outdoors, Pip believes strongly that becoming a parent shouldn't restrict your sense of adventure and that the natural world is a wonderful place to support children's learning and development.

Pip's collaborations with brands like Craghoppers, Merrell, Honda, Bailey of Bristol and Ireland Tourism showcase her passion for adventure, whilst her contagious enthusiasm for the outdoors has resulted in various other partnerships, from promoting climate change awareness with Southend Borough Council, to wellbeing campaigns with Japan National Tourist Organisation and Burt's Bees. She is also the co-host of the popular travel podcast *The First Mile* with Ash Bhardwaj.



PIP STEWART



Craghoppers



Merrell



Teva



Publishing

- LIFE LESSONS FROM THE AMAZON
- LIFE LESSONS FROM THE AMAZON AUDIOBOOK
- ZEIT LEO

Broadcast

- NEWS ANCHOR AND REPORTER
- FOREIGN CORRESPONDENT
- TRANSAMAZONICA
- GETTING EXPEDITION FIT WITH PIP STEWART
- WHEN...GO HORRIBLY WRONG

Brand Campaigns

- MERRELL
- CRAGHOPPERS
- SUNGOD
- AIB
- WONDERTRUNK
- BMW
- BURTSBEES
- SWEATYBETTY
- M&CSAATCHI
- SOUTHTEND COUNCIL
- AUDIBLE
- IRELAND TOURISM & EVOLVE MEDIA
- GALAXY PODCAST
- MERRELL
- ROYAL ROBBINS
- PURPLEBRICKS
- HONDA
- FRUGI
- OPHIR & GRAMMAR PRODUCTIONS
- BAILEY
- TEVA
- TOTSBOOTS
- REVOLUTION RACE
- FISHERMANS FRIEND
- P&O
- DROWSY
- BAILEY

Public Speaking

- SUNDAY PAPERS LIVE
- FILSON
- INTREPID TRAVEL
- ADVENTURE TRAVEL SHOW
- OXFORD ROYALE ACADEMY
- CULTUREBITE FESTIVAL
- LUXURY TRAVEL SHOW
- ROYAL SCOTTISH GEOGRAPHICAL SOCIETY
- KENDAL MOUNTAIN FESTIVAL
- EXETER UNIVERSITY
- THRIVE WELLBEING FESTIVAL
- GENEVA SCHOOL
- WILDERNESS FESTIVAL in collaboration with the ROYAL GEOGRAPHICAL SOCIETY
- BISHOP & MILLER AUTIONEERS
- CHELTENHAM WELLBEING FESTIVAL
- MERIDIAN FOODS
- TSYS PAYMENT SOLUTIONS
- GONE WILD FESTIVAL
- DORSET WI
- CHELTENHAM SCIENCE & LITERATURE FESTIVALS
- CUMMINS

WOLFSONG MEDIA

Summersdale - Author (2021)
W.F.Howes (2021)
Feature article for German children's mag (2022)

ABC News (2010-2012)
BBC, CNN, Forbes, Al Jazeera (2012-2013)
Outside TV (2017)
Redbull Online - presenter (2018)
C5 - guest contributor (2023)

#CreateYourTrail social media campaign
Ambassadorial role
Social media campaign
Everyday Rewards campaign
Tohoku prefecture campaign
X1 campaign and activation
Long-term contributor, promoting natural skincare and baby range
Recycled leggings social media campaign
United Nations Development Program campaign
Better Planet Schools campaign
Bill Bryson campaign
West Ireland Way campaign
Galaxy Chocolate 'Sorry Not Sorry' campaign
#WalkingWorldTour Campaign
Switchform sustainable jacket campaign
Home Support campaign
Jazz Crossstar Family Adventure campaign
National Trust campaign
Journey Home online campaign
Scandinavian family road trip campaign
In Your Element campaign
Days Out campaign
Nature is our Playground campaign
Whatever the Hay Throws At You campaign
North Sea Dover to Calais campaign
Sleepmask review campaign
UK Christmas family road trip campaign